

WHAT IS CONSCIOUS SEDATION?

What is conscious sedation (twilight sleep)? It is a state of consciousness that is relaxed, less anxious or a dulling of one's senses. A person is in an arousal sleep. For many individuals the medicines have a strong amnesiac effect.

How is it done? The medicines are placed through an intravenous line, which is placed in the arm or hand via a catheter (plastic needle). The induction is slow (10-15 minutes) and gentle. We still always use a local anesthetic for numbing.

Why kind of procedures do I have this for? Any procedure that a patient may feel would cause them anxiety. For example, tooth extraction and wisdom teeth (3rd molars) removal, implant surgery, periodontal (gum) surgery, deep cleaning, fillings, etc.

What does the office do before the procedure? Dr. Angart or his staff always does a pre-operative appointment prior to the procedure in order that he can reconfirm health histories, give the pre-operative and post-operative medications, go over the risk and benefits of the procedure, sign consent forms and discuss finances.

How should I prepare for the procedure? Take NO FOOD OR DRINK AT LEAST 8 HOURS BEFORE THE SEDATION. For females, wear no nail polish. Wear something loose fitting over your arms or a short sleeve garment. Dress casual. We may need to place **EKG** patches. Someone needs to escort you when you are done with the procedure. You cannot drive leaving the office. It would be helpful for the escort person to leave a number when you arrive for us to call them, if they do not stay during the procedure.

What should I expect after I leave the office? You will go home and sleep the rest of the day. V/hen the local anesthetic starts to wear off and the mouth starts to tingle, it is time to take any prescribed post-operative medication. Remember, we put medicine through the intravenous line for pain relief and to keep the swelling down, but you still will need to take any prescribed pain medicine and use ice packs if applicable or bite on gauze pads. It is advisable to have someone stay with you the remainder of the day. The next day you may still be tired, but able to function quite well.

Remember before, during, and after the sedation procedure, we monitor with a device on your finger called a pulse-oximeter, to measure how well you are getting oxygen. There is a blood pressure cuff on your arm and most of the time an EKG is attached to pads on your chest. Almost always we have a RN to help with the intravenous line and to help monitor you while the procedure is being done and they nurse is with you the entire time you are in the office and to your car for transport. Once released by this person, your escort person is responsible to see you home. If a nurse could not be made available, my staff is also very well trained to monitor you as well. The State of Ohio laws on conscious sedation are much less stringent than my guidelines for conscious sedation, however, in order to have complete safety and peace of mind for all concerned, I have taken many additional steps to insure a quality oriented procedure.

What are the financial requirements? Because I need to reserve a nurse for an extended period of time for the procedure, our policy for the sedation, is to have the entire ***approximated payment due at the pre-operative appointment plus the CO-payment for the operative or surgical aspect unless prior financial arrangements have been made through Wells Fargo.***

Does insurance covers conscious sedation? Generally no for elective procedures, such as; routing fillings, deep scaling, periodontal surgery, implant surgery etc. It may compensate occasionally for impacted wisdom teeth. Each insurance company is different and we can help assist you with your insurance.

If you have any further questions, please feel free to ask Dr. Angart or the staff.